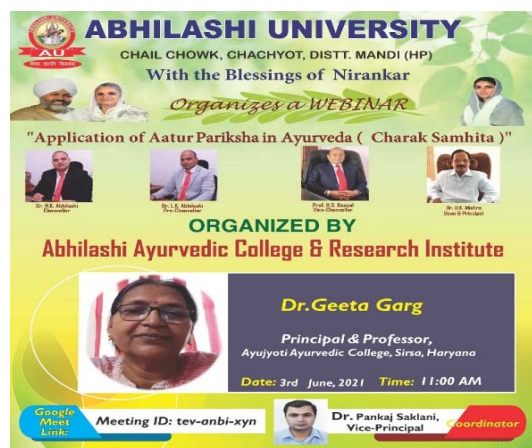


CME/National Conference and other Academic Activity

I. CME/ Webinar:

1. June 2021:- A Webinar was organized in Abhilashi university by Abhilashi Ayurvedic College & Research Institute on 3/6/2021. Webinar started with the inauguration speech by Dr. R.K Abhilashi, Hon'ble Chancellor Abhilashi University. He Congratulated Dr. Dk. Mishra (Dean, Abhilashi Ayurvedic College & Research Insitute), Dr.PankajSaklani(Vice Principal)& Other Faculty members for Organizing this webinar.The Chief guest of webinar was Dr. Geeta Garg - Principal,(Ayurjyoti College Sirsa, Haryana).She is also serving as Professor in the department of Samhita & Sidhanta. The Theme of the webinar was "DashavadhPariksha" . She explained the ten points of examination as described in CharakSamhinta& other text books, very frequently & also she explained this with correlation to Modern medical science very well. Prof. H.S. Banyal, Hon'ble Vice Chancellor, Abhilashi University also shared his knowledge about Ayurveda & Advised students to follow Proper COVID – Protocol .

The Webinar was Also attended by M.D Dr. Lalit & Registrar Er.Kapil Kapoor, other Deans, HOD's and students of all faculties.



2. June 2021 :-A webinar on "Nasya Karma" method was organized by Abhilashi Ayurvedic College and Research Institute at Abhilashi University, Chailchowk. The webinar was inaugurated by the Chancellor of Abhilashi University, Dr. R. K. Abhilashidid it! He made them aware about the importance of Nasya Karma method. He said that with this method, it is possible to cure many diseases through Panchakarma. The Vice Chancellor of Abhilashi University, Professor H.S. Banyal ji delivered his welcome address Give your views in the context of Covid-19 entered by Nasika. He told all the audience about the importance of vaccination to avoid this disease and its beneficial properties. Keynote speaker Dr. Meenakshi Nath, Professor Smt. Urmila Devi Ayurvedic College, Hoshiarpur, Punjab, in his address, highlighted the efficacy of Nasya Karma, one of the Ayurveda Panchakarma systems of medicine. He shed light on the basis of Charaka Samhita and the use of Nasya in modern Ayurveda, How the medicine given from NASA suppresses the disorders of the head and its organs He told that pouring medicine through the nasal route is one of the five main purification therapies described in Ayurveda. Dr. D.K., Dean of Faculty of Ayurveda Mishra ji thanked the keynote speaker and everyone! Dr. Priyanka Thakur conducted the webinar. In this webinar, Pro-Chancellor Dr. K. Abhilashi ji, Registrar Engineer Kapil Kapoor ji, all the Heads of the University, all the professors and students of Ayurveda College participated.

Yoga Extracurricular activities –Students have participated in various activities organized by the University during this session; the details are as follow –

Sr. No.	Name of event	Short Description	Date
1	Yoga day	Celebrated International Yoga Day	21 June, 2021
2	Abhimanthan National Seminar	Chronic Diseases and their management in Ayurveda	10 December 2021
3	Dhanwantri Day	celebrated as National Ayurveda Day	02 November 2021