

NEWS LETTER

January - March, 2024

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ABHILASHI UNIVERSITY
Chail Chowk, Distt. Mandi (H.P.)



Approved by: H.P. Govt., UGC, NCTE, PCI, NCISM, HPSPVC, HPPEREC, SAHC, IAP

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FINANCIAL ASSISTANCE FOR GIRL CHILD

Abhilashi University has taken several steps to promote girl child education in the country. The university will provide financial assistance to girls pursuing BA, B.Sc. and B.Com. from upcoming academic sessions to encourage them to continue their education. Hon'ble Chancellor, Abhilashi University, Dr. R.K. Abhilashi said that this scheme aimed at addressing the declining child sex ratio, promoting girl-child education and providing education to girls from disadvantaged sections of society. In addition, all the schemes of financial assistance to the student's certain categories as approved by the state/central govt. are extended to the students of Abhilashi University also.

SESSION ON HIV/ AIDS IN UNIVERSITY CAMPUS

The Red Ribbon Club of Abhilashi University, Mandi organized an awareness program on HIV/AIDS and Mental Health in collaboration with the health department of Himachal Pradesh. In this program, Dr. Rakesh Roshan Bhardwaj, Block Medical Officer, Bagsaid, graced the occasion as a resource person along with his team and delivered his valuable speech on HIV/AIDS and Mental Health. He said the HIV/AIDS pandemic is steadily increasing in severity throughout the developing world. To decrease transmission rates

among youth, quality HIV/AIDS education must be implemented in a culturally relevant manner. The overall motive of the program was to raise awareness about a healthy life and to spread informative messages to all the risk groups of young people in the community.



EVEN SEMESTER ON CAMPUS

After the winter vacation and New Year 2024 celebrations. The University campus was vibrant with the start of the classes of even semesters. The Hon'ble Chancellor, Dr. R.K. Abhilashi reminded the students about their duties to the nation and the society and the awareness about their career and studies.

SCIENCE DAY CELEBRATION IN THE CAMPUS

On 28th February, 2024 School of Basic Sciences celebrated Science Day with great enthusiasm and zeal, engaging students in various educational activities. Overall, the Science Day celebration was a resounding success, providing students with a platform to explore and appreciate the wonders of science. It was an enriching experience that not only educated but also entertained, leaving a lasting impact on everyone involved.



delivered her valuable speech on women's menstrual hygiene. Menstruation and menstrual practices are still clouded by taboos and socio-cultural restrictions resulting in adolescent girls remaining ignorant of the scientific facts and hygienic health practices, which sometimes result in adverse health outcomes. This situation persists despite new developments in the hygiene and sanitation sector in recent years. A skit was also conducted by students regarding menstrual hygiene. Ms. Bandana Kapoor, Coordinator of Red Ribbon Club delivered vote of thanks.



PRACTICAL EXPOSURE TO PARLIAMENTARY PROCEDURE

On 06th March, 2024 School of Humanities conducted a mock parliament to give students practical exposure to parliamentary procedures and help them to learn and understand the role and responsibilities of public representatives. Dr. Rakesh Sharma, and Dr. Jagdeep Verma both Assistant Professor at Sardar Patel University, Mandi participated as resource persons in the event.



PLACEMENT DRIVE HELD IN THE CAMPUS

On 15th March, 2024 Macleods Pharmaceuticals Pvt. Ltd. Baddi, Himachal Pradesh, conducted a campus placement drive at the University to recruit young and talented students for their various departments. Macleods Pharmaceuticals Pvt. Ltd. has a strong presence in India. The selected candidates named Rahul Sharma, Nikhil Rana, Ambika Sood, Sanjay, Diwaker, Sachin Tripathi, Govind Jee Dubey and Pushap Thakur will be offered attractive salary packages and other benefits as per the company norms. They will be trained and mentored by experienced professionals in the industry.



WOMENS DAY CELEBRATION

On 08th March, 2024, the Red Ribbon Club of Abhilashi University, Mandi organized an awareness program on International Women's Day. The Red Ribbon Club coordinator, Dr. Ankita Chaudhary welcomed all the dignitaries and students. The program was commenced by saluting all the respected women who have added feathers to the upliftment of society. Further, Dr. Bhesam Lata of Abhilashi Ayurvedic College & Research Institute graced the program as a resource person. She

YUVA SAMVAAD AT ABHILASHI UNIVERSITY

On dated 15th March, 2024 Yuva Samvad – India@2047, a program of the Ministry of Youth Affairs and Sports, Govt. of India, was organized by NSS Cell, Abhilashi University making it a resounding success. NSS volunteers took the pledge of "Panch Pran" along with all the participants. As a part of the Yuva Samvad –

India@2047, a group speech competition among the volunteers was organized. The active involvement and enthusiastic participation of the participants made the competition tough, fascinating, and successful.



SCHOOL OF PHYSIOTHERAPY: HANDS-ON WORKSHOP

on 15th March, 2024 the School of Physiotherapy organized a workshop on the topic “Correction of Spinal Misalignments with Structural Integral and MET”.



The resource person for the session Dr. Manoj Malik an expert in Anatomy training in structure and function from Singapore and a Master in Chiropractic from Sweden as well as Maitland’s Manipulative Therapy by MAANIPS enlightened students. The students showed keen interest in learning new techniques for spinal conditions.

MLT STUDENTS VISITED THE GOVERNMENT HOSPITAL, NERCHOWK



M.L.T students of Abhilashi University visited Shri Lal Bahadur Shastri Government Medical College & Hospital, Nerchowk. Students learned about the different

types of imaging tests such as X-rays and MRI that are used to diagnose medical conditions. A trip to the Hospital was eye-opening and gave a deeper understanding of how hospitals function and the important role that each department plays in delivering quality healthcare. Students showed gratitude towards the principal of the Medical College Prof. D.K. Verma and his entire staff.

OLD AGE HOME: A VISIT

In a heart-warming display of empathy and community engagement, students pursuing B.Sc. MLT from Abhilashi University embarked on a meaningful visit to a local old age home at Sundernagar. The students brought joy and companionship to the elderly residents during their visit. The visit, which took place on 18th March, 2024 aimed to provide students with practical insights into geriatric care while fostering a sense of empathy and social responsibility. During their time at the old age home, the students engaged in various activities tailored to uplift the spirits of the residents. From heartfelt conversations to recreational activities like games and musical performances, the students created a warm and welcoming atmosphere, bringing smiles to the faces of the elderly residents.



WORLD SPARROW DAY CELEBRATED

On 20th March, 2024, the Department of Zoology, School of Basic Sciences, Abhilashi University, Himachal Pradesh celebrated World Sparrow Day.



On the occasion of World Sparrow Day, students organized a street play to highlight the importance of conservation and the declining population of sparrows. During this, all the students of the department

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ABHILASHIANS SECURE JOB OFFERS

The placement drive was conducted to identify potential candidates and offer them job opportunities in the Research and Development unit. The selected candidates will be offered attractive salary packages and other benefits as per the company norms.

अभिलाषी विश्वविद्यालय के 28 छात्रा को कैंपस प्लेसमेंट के दौरान मिली नौकरी

सुभाष सचदेवा
गोहर: अभिलाषी यूनिवर्सिटी ने बच्चों के सुरक्षित भविष्य के लिए हमेशा से ही अलग मुकाम बनाया है। गत दिनों अभिलाषी यूनिवर्सिटी में कैंपस प्लेसमेंट के दौरान 28 बच्चों को देश की प्रतिष्ठित कंपनियों में रोजगार का सुअवसर प्राप्त हुआ है। अभिलाषी विश्वविद्यालय चैलाचोक, हिमाचल प्रदेश के अंतर्गत चल रहे बी. फ. मेंसी, एम. फ. मेंसी, एमएससी एपीकल्चर और एमबीए कोर्स के अंतिम सेमेस्टर के 28 छात्र देश की प्रतिष्ठित कंपनियों में नौकरी के लिए चयनित हुए हैं। अभिलाषी विश्वविद्यालय के चांसलर डॉ. आर.के. अभिलाषी ने खुशी व्यक्त करते हुए बताया कि विश्वविद्यालय में पिछले एक हफ्ते



से लगातार कैंपस प्लेसमेंट ड्राइव का आयोजन किया गया। जिसमें देश की विभिन्न प्रतिष्ठित कंपनियों द्वारा अंतिम वर्ष में पढ़ने वाले छात्रों को पढ़ाई के दौरान ही नौकरी मिल गई है। इस प्लेसमेंट ड्राइव में आल्फा कम्युनिकेशन फ

र्मास्युटिकल्स, काला अंब द्वारा फ. मेंसी विभाग के 20 छात्र जिसमें बी. फ. मां से रिया राणा, शरुन, अंबिका सुंद, रितिका ठाकुर, ओम प्रकाश और हिमानी को क्वालिटी कंट्रोल ऑफिस वर के पद पर चयनित किया गया।

They will be trained and mentored by experienced professionals in the industry and will get an opportunity to work on challenging projects that will enhance their skills and knowledge. In conclusion, the placement drive was a great success, and the candidates appreciated the opportunity provided to them by the Company. The company representatives were impressed with the talent pool at Abhilashi University and expressed their

willingness to Dr. Shampy Duggal, Director, Admission and Placement conduct more such drives in the future. The campus placement drive at the University was a great opportunity for the students to showcase their skills and get a chance to work with one of the leading companies. The selected candidates are expected to contribute significantly to the growth of the company and create a bright future for themselves.

SPORTS MEET AT THE UNIVERSITY CAMPUS

Physical Education is an integral part of the total education system. It helps in the attainment of the ultimate aim of education. Games and Sports play a vital role in the student's life. Education without sports is incomplete. The sports department of the Faculty of Education, Basic Sciences and Humanities strives to excel at all levels and bring laurels to the University.



Considering the concept of “SPORTS FOR ALL”, a magnificent two-day (11/04/2024 to 12/04/2024) sports meet was organized at Abhilashi University. It is one of the largest co-curricular activity programs that offers an extensive opportunity to all the students and staff. This venture enabled the students and staff to have fun, learn new sports, enhance social interaction, and test one’s physical capability. These competitions also offer a break from the daily routine tasks and recreate or re-energetic them. Various events viz. Volleyball, Table Tennis, Chess, Athletics, and Tug of War have been organized for students and staff. In the closing ceremony of the event Hon’ble Chancellor congratulated all the staff members and addressed students throwing light on the essential role of sports and other co-curricular activities in the all-around development along with being disciplined in life.

delicious food of all cuisines. The closing ceremony of the event was graced by Hon’ble Chancellor Abhilashi University Dr. R.K. Abhilashi, Thus, it will be correct to say that Parivartan 2k24 was a blockbuster, being one of the biggest fests organized at Abhilashi University this season.



UNIVERSITY CELEBRATED WORLD MALARIA DAY

On dated 25th April, 2024 World Malaria Day was celebrated by the Department of Zoology, Abhilashi University. The day is marked under the theme “Accelerating the fight against malaria for a more equitable World” On this occasion, the Head of the Department Dr. Neetu Sharma highlighted the importance of a responsibility to end malaria and to make a malaria-free world. The coordinator and Dean of, the School of Education Basic Sciences and Humanities appreciated the efforts.

WORLD VETERINARY DAY CELEBRATED

The greatness of a nation can be judged by the way its animals are treated – M.K. Gandhi.

Veterinarians are an integral and essential part of global health and offer diverse roles not only related to the health and welfare of animals but prevention, management, and control of zoonotic diseases. On 27-04-2024 World Veterinary Day was celebrated with the theme entitled ‘*Veterinarians are Essential Health Workers*’. Various events, campaigns and educational programs are organized on the university campus to raise awareness about the vital role of veterinarians. These include workshops, seminars, community outreach initiatives, and social media campaigns.



WORLD ASTHMA DAY CELEBRATED

On 2-05- 2024 School of Pharmacy, Abhilashi University celebrated World Asthma Day. An expert talk was given regarding the prevention and control of Asthma by Ms. Sunita Devi and Ms. Bhavneshwari Devi. The students participated in various events viz. poster presentation, debate competition, followed by certificate distribution to students for their encouragement.

UNIVERSITY CELEBRATED FEST ‘PARIVARTAN 2K24’

Parivartan 2K24, the Annual Fest of Abhilashi University in itself is a whole tradition, a culture that every Abhilashian lives through. With top-notch celebrity performances to the best of sponsors, there was nothing that didn’t add splendor to the gig. A major chunk of credit goes to our sponsors, our stall associates, our event partners, and not to the extremely supportive Management. Parivartan 2k24 was held on the 26th and 27th of April 2024. The two-day long extravaganza had a plethora of activities, competitions, and many enthralling performances which led to ending both days with the most hyped star-studded nights. The event was inaugurated by Mr. Apporav Devgan, I.A.S, Deputy Commissioner, Mandi. The main University grounds were hustling with exhibitions and lip-smacking



Dr. D.P. Dahiya, Dean, School of Pharmacy is thankful to the management for motivating them to organize such events which will benefit students and thereby community.

MDNIY COLLABORATED WITH UNIVERSITY

On 03-05-2024 Morar ji Desai National Institute of Yoga collaborated with Abhilashi University to the session started with prayer, then micro exercises, Yogasana, Dhyana and Sankalp.



It served as a platform for fostering unity, inclusivity, and cultural exchange within the university community. Hon'ble Pro-Chancellor Dr. L. K. Abhilashi appreciated the Institute for promoting a deeper understanding of Yoga philosophy and practices based on ancient yoga traditions for holistic health and well-being of all.

UNIVERSITY HOLDS ITS 5TH CONVOCATION

The convocation of Abhilashi University was organized ceremoniously on 28th May, 2024. Dr. R.K. Abhilashi, Chancellor of Abhilashi University presided over the convocation ceremony held in the auditorium.



The Ceremony was graced with the blessings of Goddess Saraswati. The Chief Guest congratulated all the students who received degrees and medals. The students and the audience were then enthralled by the rousing speech of the Chief Guest. He distributed 501 degrees in the convocation and 09 were awarded scintillating medals. He said that the students should spread the light of the education in the society that they have received here. He said that along with achievements of higher pursuits, students must be imparted with good human behavior, humbleness, and service towards the needy.

Further, he added that Management and the Abhilashi Group have travelled from a small coaching center to build a University with hard work, and honesty for public welfare. In his brief and captivating address, he inspired the students, staff, and faculty of the University. Earlier, Pro-Chancellor Dr. L.K. Abhilashi and members of the management board welcomed and honoured Chief Guests. On this occasion, the Hon'ble Vice-Chancellor of Abhilashi University Prof. H.S. Banyal gave information about the achievements of the University. He also mentioned that the University has made considerable progress in Research and Development. This is probably the only private university that has made so many efforts toward equity and provides this magnitude of financial support to its deserving students and research scholars. In the end, the Hon'ble Vice-Chancellor congratulated the parents and the students who have been part of this function and received their degrees and medals of appreciation for their achievements. The Convocation ended with a vote of thanks followed by the National Anthem.

GUEST LECTURE ON SPIRITUALISM

On 3-06-2024 Abhilashi University conducted a guest lecture on the topic entitled "Ethical leadership: creating values for society".



Dr. G.S. Popli, former Professor and Director of Delhi School of Professional Studies and Research, Delhi. In his lecture said that Ethical leaders demonstrate integrity, transparency, empathy, and humility in their actions, fostering a culture of trust and respect within their organizations. Beyond the business context, these qualities are essential in creating positive change in society. Dr. R. K. Abhilashi, Chancellor, Abhilashi University, expressed gratitude towards the resource person for enlightening students and faculty of the University.

DO NOT DESTROY NATURE LET'S SAVE IT FOR THE FUTURE

On 5-06-2024 Abhilashi University celebrated World Environment Day. The program tried to remind everyone on the planet to get involved in environment-friendly activities. Dr. Promila Abhilashi, Vice Chairperson of Abhilashi Education Society graced the occasion as a chief guest and planted the tree on the university campus to make the day memorable along with Hon'ble Vice

Chancellor, Abhilashi University. Chief Guest addressed in his speech to save Mother Earth what role the environment plays and why it is important for people to take the initiative to save the environment. The event was conducted successfully with wholehearted participation and awareness for a greener World.



He also elaborated on Indian culture being adopted the world over at a fast pace. The Dean of Student Welfare, the Director of Research, and the Dean School of Ayurveda were also present.

GLORIOUS COMPLETION OF THE INTERNATIONAL CONFERENCE

BE SOMEONE'S LIFELINE DONATE BLOOD

On dated 5th June, 2024 blood donation camp was organized by the Red Ribbon Club of Abhilashi University, in collaboration with the Medical College and Research Institute, Nerchowk through which more than 70 units of blood were donated by both students and staff members.

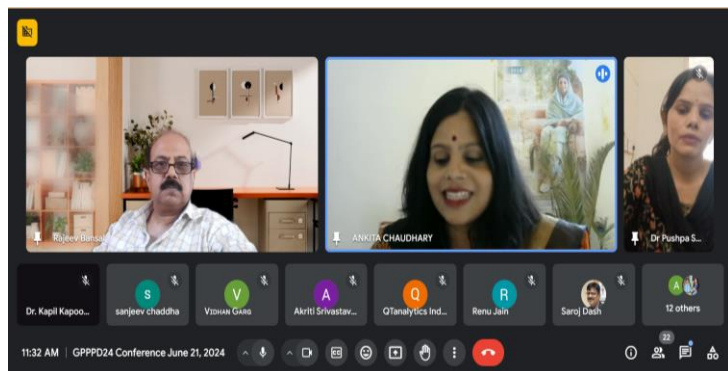


Red Ribbon Club volunteers brought awareness to them about the shortage of blood and why we must donate blood every year, to help the persons requiring blood. Blood donation can save the lives of innumerable people. Donation of blood is very critical and crucial for saving the lives of many patients and those who have met with accidents. It is such a great service or contribution to the society and people living in it. Dr. Promila Abhilashi Vice Chairperson Abhilashi Education Society, Prof H.S. Banyal Hon'ble Vice Chancellor, Abhilashi University, Dr. Kapil Kapoor, Registrar, Dr. Devender Sharma Dean Student Welfare appreciated the efforts of Nodal Officer Mrs. Vandana Kapoor for pursuing such a noble task.

UNIVERSITY CELEBRATED YOGA DAY

On dated 21/06/2024 International Day of Yoga was celebrated with enthusiasm at the university. The staff students took an active part in various yogic exercises guided by yoga expert Dr. Manoj Thakur Prof. H.S. Banyal, Vice Chancellor after performing Yoga exercises said that yoga was a panacea for physical, mental, and spiritual well-being and all should find time for it daily.

On dated 21st June, 2024 one-day International Conference on Gender Perspectives in Public Policy and Development (GPPPD24) was organised successfully by RGVK-State Resource Centre, established by Ministry of HRD, GoI, Shimla; QTanalytics® India, a data engineering consulting & research Institution in collaboration with Abhilashi University, Mandi. The Virtual conference afforded the opportunity to the diverse resource persons and participants spread over the globe to come together in fostering global collaboration and knowledge-sharing in the event besides the native delegates from different parts of country. Dr. Prabhat Mittal, Professor, Delhi University in his address apprised that the Conference on Gender Perspectives in Public Policy and Development (GPPPD24) is a forum focused on promoting research, dialogue, and collaboration regarding gender perspectives in social development, governance, budgeting, education, administration, and public policy.



The conference explored the complex challenges societies face worldwide and seek innovative solutions for incorporating gender perspectives into public policy and development. During vote of thanks Dr. Ankita Chaudhary and Dr. Suman Negi, Secretary of the conference expressed gratitude towards Chief Guest; Guests of Honour for sparing the valuable time and appreciated their motivating words for the success of the conference. The words of gratitude and indebtedness were expressed in favour of Dr. R.K. Abhilashi, Chancellor, Abhilashi University and Dr. L. K. Abhilashi, Pro- Chancellor, Abhilashi University, Mandi who extended resources, support and infrastructure for the conference.

NEWS LETTER

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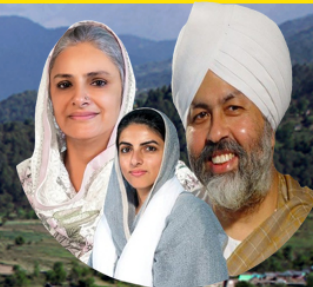
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UNIVERSITY CELEBRATED ALUMINIUM JUBILEE

On August 15, 2024, the University celebrated its 78th Independence Day and the university's Aluminium Jubilee Day with great enthusiasm. On this occasion, the Pro-Chancellor of the university, Dr. L.K. Abhilashi, hoisted the national flag and also unveiled the university flag. The students honored the brave soldiers of the country through solo singing, group songs, and group dances. Hon'ble Vice Chancellor Prof. H.K. Chaudhary, addressed the students, speaking about the university's vision for an excellent future.



He emphasized the continuous improvement of educational methods and the commitment to providing world-class education so that the students of the

university are prepared to face the challenges of the modern world. Hon'ble Chancellor, Dr. R.K. Abhilashi extended his best wishes to all the university staff and students.

NATIONAL POTATO DAY CELEBRATION

On August 19, 2024, the School of Agriculture at Abhilashi University, Mandi, celebrated "National Potato Day" with excitement and learning. Dr. Paras Singh, a leading Vegetable Expert from V.C.S.G. Uttarakhand University of Horticulture and Forestry, Bharsar, Tehri Garhwal, UK, enlightened the participants with a fascinating webinar on the multifaceted role of potatoes—from their nutritional value to cutting-edge production technologies. Prof. H.K. Chaudhary, Hon'ble Vice Chancellor highlighted the rich potato-growing potential in the Himalayas and the need for modern biotechnological advancements in crop varieties. Dean, Prof. P.C. Sharma appreciated Dr. Sandeep Kumar and his entire team for organizing such an insightful program.

HEALTH CHECKUP CAMP ORGANISED IN MANDOGLU

On 04.09.2024 Health Checkup Camp and Nutrition Lecture were organized by Abhilashi Ayurvedic College & Research Institute Chailchowk, Mandi at Baudh

Darshan Sanskrit Vidyalaya, Mandogalu as part of Nutritional Month celebrations. The event aimed to promote health and wellness among students. The health checkup camp was conducted by a team of medical professionals, Child Specialist - Dr. Ankush Kumar & Dr. Diksha Kumari, P.G. Scholars, Intern doctors & Paramedical Staff from Abhilashi Ayurvedic Hospital Chailchowk, Mandi (H.P.).

TEACHER: A SEED OF KNOWLEDGE

On 05.09.2024, Abhilashi University, Mandi celebrated Teacher's Day with grandeur, honoring the invaluable contribution of its teachers. The objective of the ceremony was to recognize the important role of teachers in shaping the future of the nation through education and inspiration. Chief guest Dr. L.K. Abhilashi expressed his heartfelt gratitude to the teacher fraternity for their tireless dedication and commitment to promoting academic excellence.



He stressed the important role of teachers in building a strong and progressive society. On this occasion, the Hon'ble Vice Chancellor of the University, Prof. H.K. Chaudhary also highlighted the importance of teacher-student relationships. He said that the bond between teachers and students at Abhilashi University is the foundation of our success.

UNIVERSITY HOSTS WORKSHOP ON TRADITIONAL CROPS AND HERBS

On dated 07-09-2024 Abhilashi University, Mandi, successfully conducted a one-day workshop and awareness camp on traditional underutilized crops and herbs of Mandi district aimed at boosting women's livelihoods through agricultural education, the event featured practical training and expert lectures.



The workshop was inaugurated by Chief Guest Smt. Sneha Sharma, CEO of Gramin Kisan Vikas, and Vice-Chancellor Prof. H. K. Chaudhary. Prof. Chaudhary honored Smt. Sneha Sharma as "Mountain Agriculture Promoter" and announced the university's ongoing

support for farmers statewide. Smt. Sneha Sharma delivered an engaging lecture on the significance of traditional crops for sustainable practices and regional agricultural output, stressing women's empowerment in agriculture. Ms. Shivani, Assistant Professor, provided an overview of the workshop's goals, while Dr. Tanuja led a practical session on the herb Vasa (Adhatoda vasica), demonstrating its use for various ailments. Dr. Ritika Singh, leading the "Ex-situ Conservation of Traditional Food Grain Crops" project, further highlighted the dedication to advancing agricultural research and innovation.

UNIVERSITY CELEBRATED WORLD PHYSIOTHERAPY DAY

School of Physiotherapy, Abhilashi University marked World Physiotherapy Day with the theme focused on "Low Back Pain and the Role of Physiotherapy," as set by the World Confederation for Physical Therapy (WCPT) on 08.09.2024 in the University Campus. The event was inaugurated by Vice Chancellor, Prof. H.K. Chaudhary, who highlighted the significance of physiotherapy as a medicine-free treatment for various ailments.



In his keynote address, Prof. Chaudhary delved into the rich historical roots of physiotherapy, tracing its origins to ancient practices. He urged the department to pursue new projects and expand outpatient services to benefit the community. Dr. Vivek Chauhan, Principal of the School of Physiotherapy, shared insights on the event's theme and the school's recent achievements.

WELCOME FRESHERS

Hon'ble Chancellor, Dr. R.K. Abhilashi addressed newly admitted students on 09.09.2024 reflecting the visionary legacy of Sh. T.R. Abhilashi, the founder chairman of Abhilashi Group of Institutions.



Dr. Abhilashi highlighted the impact of Sh. T.R. Abhilashi's foresightedness in establishing educational

institutions that provide the opportunity to the students of Himachal Pradesh to pursue higher education without leaving the state. In his address, Dr. Abhilashi shared his journey from teaching in the Education Department to leading the Abhilashi Group of Institutions and stressed the importance of time management and discipline in life for achieving success. He also urged students to take a stand against drug abuse and ragging. He called upon the students to follow the path of gratitude towards their parents, teachers, and elders to become a good human being. Besides the 1st year Students, the Deans of Faculties, Heads of Departments, and faculty members were also present during the address of the Hon'ble Chancellor.

On September 25, 2024, the School of Pharmacy celebrated World Pharmacist Day. Hon'ble Vice Chancellor Prof. H.K. Chaudhary welcomed Smt. Kailashi Devi as the Chief Guest for gracing the occasion and thanked for her blessings to everyone and shared inspiring insights on historical and legendary figures in the field of Pharmacy like Alexander Fleming, whose discovery of penicillin revolutionized medicine; Madan Lal Schroff, a pioneer in the field; Humbert Humphrey, who contributed significantly to the pharmaceutical landscape. He also highlighted the importance of morphine in pain management, reminding us of its critical role in patient care. The program featured poster-making competitions, rangoli competitions, quiz competitions, and various cultural contests, all of which saw enthusiastic participation from students of the School of Pharmacy. Dr. D.P. Dahiya, Dean, School of Pharmacy thanked Management for their constant support and encouragement for organizing such an event in the University.

OUTREACH SESSION ON KICK START AGRICULTURE STARTUP

On 09.09.2024, the School of Agriculture organized an "Outreach Session on Kick Start your Agri. Startup". Ms. Saswati Mukherjee, Manager, Marketing and Communication, IFED, CCS NIAM, Jaipur delivered her key lecture on "Kick Start your Agri start-up" through virtual mode to the final year B.Sc. (Hons.) Agriculture students and faculty of the School of Agriculture. She gave a detailed account of different incubation centers and start-ups that have been started in the country with the help of CCS NIAM. She also urged the students to apply for start-ups within the stipulated period. This outreach session was jointly organized by the School of Agriculture, Abhilashi University, and IEFD, CCS, and NIAM. Prof. P.C. Sharma, Dean, School of Agriculture extended vote of thanks to all the attendees.

UNIVERSITY PARTICIPATED IN NATIONAL CONFERENCE

School of Physiotherapy participated in the 2nd National Conference of the IAP Women Cell on September 21-22, 2024, at the Constitution Club of India, New Delhi.

CLEANLINESS DRIVE: एक कदम स्वच्छता की ओर

On dated 24.09.2024, NSS volunteers came together with Nehru Yuva Kender Mandi to launch an impactful cleanliness campaign with a strong commitment to the environment. 100 NSS volunteers took an oath to promote cleanliness and sustainability. The cleanliness drive went on for two hours, during where students showed full enthusiasm for cleaning the campus urged students to take up proper disposal, and made them aware of the benefits of cleanliness. The event was graced by Hon'ble Vice-Chancellor Prof. H.K. Chaudhary who praised the volunteers and NSS Coordinator Mr. Hemant Kapoor for their dedication and encouraged them to continue organizing such initiatives regularly.



Under the guidance of Dr. Vivek Chauhan, Head of the Department, Dr. Shailja and Dr. Nikita, along with enthusiastic students, engaged in meaningful discussions about the hidden potentials of physiotherapy in promoting healthy aging, inclusive wellness, and innovative assistive technology. Event brought together experts, practitioners, and students in the field of physiotherapy to explore crucial topics related to healthy aging, inclusive wellness, and the role of assistive technology in healthcare. Attendees participated in insightful discussions and workshops aimed at harnessing the full potential of physiotherapy in improving quality of life. Prof. Michel D. Landry, President of the World Confederation for Physical Therapy shared invaluable insights and inspired all participants.

Rx FOR BETTER LIFE



RED RIBBON CLUB HOSTED HIV/ AIDS AWARENESS PROGRAM

The Red Ribbon Club of Abhilashi University hosted an impactful program focused on raising awareness about HIV/AIDS and promoting preventive measures. The event commenced with a warm welcome from Ms. Bandana, Nodal Officer of the Red Ribbon Club, who introduced esteemed Chief Guest, Dr. Kapil Kapoor.



The day was a vibrant flash mob performed by our dedicated students, aimed at educating their peers on safe practices regarding HIV/AIDS. Dr. Prerna, Assistant Professor and resource person for the program, delivered an insightful lecture that sparked essential conversations about breaking down the stigma surrounding HIV/AIDS and empowering young people to take charge of their sexual health. Dr. Ankita Chaudhary, co-coordinator of the club, and all Red Ribbon Volunteers extended their heartfelt gratitude to Hon'ble Management for supporting and guiding.

INCREDIBLE EXPERIENCE IN APTICON

Students and faculty members of the School of Pharmacy at Abhilashi University had an incredible experience participating in APTICON 2024, held at Utkal University, Bhubaneswar, Odisha on September 27-28, 2024. The team showcased their innovative research under the theme 'Beyond the Counter: Transforming Pharmacy Education for Industry and Patient Impact'. Mr. Sachin and Mr. Aditya, M. Pharm students, presented a poster titled 'Solanum xanthocarpum: A Promising Diuretic Plant' which received high praise for highlighting the potential of herbal medicine. Mr. Munish presented his research on 'Evaluation of Antioxidants, Phytochemical, and Pharmacognostic Study of Dicliptera bupleuroides.' Prof. H.K. Chaudhary, Hon'ble Vice-Chancellor congratulated all the students.

VACCINATION DRIVE ON WORLD RABIES DAY

On September 28, 2024, the School of Veterinary Sciences at Abhilashi University, Chailchowk, proudly hosted a "Vaccination Drive for Stray Dogs" in honor of World Rabies Day. The event featured esteemed guests, including Hon'ble Vice Chancellor Prof. H.K. Chaudhary, Dr. Kapil Kapoor (Registrar), Dr. Devender Sharma (Dean of Student Welfare), along with various Deans, HODs, and Coordinators. Dr. Kirti Jamwal highlighted this year's theme, "Breaking Rabies Boundaries," discussing the origins of rabies, its prevalence, and prevention strategies as per the National Rabies Control Programme guidelines. She acknowledged Dr. Omesh Kumar Bharti's innovative protocol for Rabies Immunoglobulin (RIG) and emphasized the global goal of eradicating rabies by 2030, as per WHO recommendations. In his address, Prof. Chaudhary inspired students and faculty by recounting the story of scientists Louis Pasteur and Joseph Meister, the first person to be successfully immunized against rabies. The day culminated with the Vice Chancellor and the Faculty of Veterinary Sciences participating in the

vaccination drive for stray dogs on campus, exemplifying a commitment to animal welfare. Dr. Ajay Patial, Coordinator of the School of Veterinary Sciences, expressed gratitude towards all.

UNIVERSITY BLOSSOMED WITH THE FRAGRANCE OF BRAHMAKUMARIS

The Brahma Kumari Transport and Travel Wing came forward to guide students on the importance of discipline and road safety. Sister Kavita shared profound insights on maintaining inner peace and understanding life's challenges. She encouraged everyone to embrace a disciplined lifestyle and practice meditation to stay focused on their goals.



Prof. H.K. Chaudhary, our Vice Chancellor, warmly welcomed the Sisters and Brothers of the Brahma Kumari organization, expressing gratitude for their presence. He highlighted the values of hard work and discipline instilled by the organization, noting its unique administration led entirely by women.

CAMPUS PLACEMENT DRIVE BY JOHNSON AND JOHNSON

Students from the Diploma Pharmacy (Ayurveda) program at the School of Ayurveda & Health Sciences had the privilege of appearing for interviews with Kenvue Pvt. Ltd. (Healthcare division of Johnson & Johnson Pvt. Ltd.) in Baddi, Himachal Pradesh. The Hon'ble Vice-Chancellor, Prof. H.K. Chaudhary, warmly welcomed officials from Johnson & Johnson.



He expressed gratitude for their commitment to providing top job opportunities for mountain students. During the meeting, he invited the officials to explore future collaborations and large-scale placement drives at Abhilashi University. Hon'ble Chancellor Dr. R.K. Abhilashi and Pro-Chancellor extended his heartfelt congratulations to Dean Dr. D. K. Mishra, Ayurveda, Dr. Shampy Duggal Director of Admissions & Placements and his team, for creating excellent opportunities for Ayurveda students.



ABHILASHI UNIVERSITY

Chail Chowk, Distt. Mandi (H.P.)



Approved by: H.P. Govt., UGC, NCTE, PCI, NCISM, VCI, HPPER, HPSPVC, SAHC, IAP



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HEALTH AWARENESS CAMP IN VILLAGE

On 02.10.24, a Health Awareness Camp was organized in Village Baag. Dr. Uday Singh explained the hygiene conditions and diseases, their side effects, and their treatment. He also advised the people to visit Abhilashi Ayurvedic Hospital for medical treatment.



SOA, Dr. Bhuvnesh Pathania (State Marketing Manager, IFFCO, Shimla) shared with all the students, farmers, and other dignitaries about IFFCO's contribution in the field of Agriculture, the utility of nano-fertilizers and drone technology. Dr. R.K Abhilashi (Chancellor, Abhilashi University, Mandi) expressed his views on the impact of junk food on health and the problems caused by it. Vice-Chancellor, Prof. H.K. Chaudhary discussed the brief history of "World Food Day" and also highlighted the contributions of the scientists related to Agriculture.



WORLD FOOD DAY: NOURISHING THE PRESENT NOURISHING THE FUTURE

On 16.10.2024, World Food Day was celebrated at the School of Agriculture on the theme, "Promoting sustainable food systems and combating hunger, highlighting the importance of food security for all". After a formal welcome speech from Dr. P.C Sharma, Dean,

He also expressed his views on the importance of coarse grains and he delivered a wonderful speech to the students and farmers based on the theme of World Food Day. On this occasion, Mrs. Sneha and Mr. Kundan were honored by the Chancellor of the University as 'Mountain Agriculture Promoter'. Three extension booklets related to coarse grains were released by the dignitaries. The

students of the School of Agriculture performed a skit with the theme of “Wastage of food”. The students participated in poster and model-making competitions and the students were awarded cash prizes by the dignitaries. Food stalls by the students of different faculties were also arranged in which food items were prepared by them. The food stalls were also set up by the Self-Help Groups showing the potential of underutilized crops in human nutrition.

opportunities to develop teamwork. The event was a great success with lots of Diwali vibes and festivities.

DHANVANTRI JAYANTI: HONORING THE GOD OF AYURVEDA

On 29.10.2024, Ayurvedic College and Research Institute celebrated Dhanwantari Jayanti, the creator of the Ayurvedic System of Medicine with full enthusiasm.



The function was organized under the guidance of Dr. D.K. Mishra, Dean. A large number of people from various departments participated in the function, wherein Havan was performed while paying floral tributes to Lord Dhawantari. It highlighted the holistic principles of Ayurveda, which aims not only to prevent and treat illness but also to address physical, mental, and spiritual wellness.

FIRST PRIVATE VETERINARY COLLEGE IN HIMACHAL PRADESH

Abhilashi University, Chailchowk, has reached a significant milestone by launching the first Private Veterinary College in Himachal Pradesh. This achievement follows official approval from the Government of India and the Veterinary Council of India in October 2024, allowing the College to offer 80 seats in the B.V.Sc.& A.H. program.

Dr. R.K. Abhilashi, Chancellor of Abhilashi University, reflected on the legacy of the late Sh. T.R. Abhilashi, the founder of the Abhilashi Group of Institutions, whose vision and dedication made this moment possible. Dr. Abhilashi shared the remarkable journey of the Abhilashi Group of Institutions, from its humble beginnings as a tuition center to the establishment of a prestigious university. Prof. H.K. Chaudhary, Vice Chancellor of Abhilashi University, praised the efforts of the university's leadership in establishing the college.

Dr. V.K. Gupta, Dean of the Faculty of Veterinary Science, shared his enthusiasm for the new college and explained the growing demand for veterinarians across

SCHOOL OF PHYSIOTHERAPY ON EXPOSURE VISIT

On 23.10. 2024, the School of Physiotherapy organized a hospital visit for first-year students to Abhilashi Hospital in Chailchowk, Mandi. Under the guidance of Dr. Vivek Chauhan, students visited OPDs, showcasing the collaborative specialties involved in patient care.

In the laboratory, Mr. Naresh demonstrated the different machines used for diagnostics, while Dr. Parveen enlightened the students about the equipment in the OT department. Dr. Abhinav also provided insights into panchakarma techniques, including leech therapy being performed on a patient. The enriching experience enhanced the student's understanding of the hospital environment.

SWARAN PRASHANA CAMP FOR CHILDREN

On 24.10.2024, Abhilashi Ayurvedic College and Research Institute organized a Swaran Prashan camp for children aged 0-16 years on the auspicious occasion of Pushya Nakshatra under the expert supervision of Dr. Ankush Kumar, Consultant Pediatrician.



The camp provided invaluable Ayurvedic treatment aimed at enhancing immunity and improving overall health.

DIWALI: VICTORY OF LIGHT OVER DARKNESS

Diwali is a festival of lights & symbolizes the spiritual “Victory of light over darkness, good over evil, and knowledge over ignorance. To make the students understand the importance of Diwali, the Faculty of Education, Basic Sciences & Humanities organized a celebration on the campus with much vigor and enthusiasm. All were engaged in collaborative activities viz. Card making and Rangoli making provided them with

India. Dr. L.K. Abhilashi, Pro-Chancellor; Dr. Narbada Abhilashi, Chairperson; Dr. Promila Abhilashi, Vice-Chairperson; Dr. Kapil Kapoor, Registrar and Sh. Narender Kumar, Secretary also extended their heartfelt best wishes to the faculty and the newly admitted students to strive for excellence in their future endeavors.



INAUGURAL CEREMONY ORGANISED

On 05.11.2024, Hon'ble Chancellor, Dr. R.K. Abhilashi and Vice-Chancellor, Prof. H.K. Chaudhary of Abhilashi University addressed the 11th batch (2024-25) of BAMS students in an inaugural ceremony held in the conference hall. The event marked the start of an exciting academic journey for the freshers, who were welcomed warmly by both the dignitaries. The Chancellor congratulated the students for choosing Ayurveda, emphasizing its growing global relevance as a holistic health system that unites body, mind, and spirit. The Chancellor encouraged students to pursue their studies with dedication, blending ancient Ayurvedic principles with modern research to make impactful contributions to healthcare. The Vice-Chancellor echoed these sentiments, further emphasizing the importance of preventive health and ethical patient care. Additionally, students were motivated to engage in research and innovation, with the Vice-Chancellor noting the university's support for international collaborations in Ayurveda. The address ended on an inspiring note, setting a tone of academic excellence and ethical practice for the new students as they embarked on their journey to becoming future Ayurvedic practitioners.

EXPERT TALKS ON AGRICULTURE DEVELOPMENT AND MEDICINAL FOODS

Three expert talks were organized by the School of Agriculture which centered on the future of agriculture in Himachal Pradesh and the health benefits of linseed. Dr. Sunita Chandel, Former Professor & Head of, the Department of Plant Pathology, UHF, Nauni (Solan) delivered a lecture on the potential of nanotechnological approaches in the management of plant diseases on 13.11.2024. While presiding over the function, Hon'ble Vice-Chancellor, Prof. H.K. Chaudhary appreciated the efforts of Dr Sunita Chandel sensitizing the audience about nano-technological approaches. On 21.11.2024, Dr. V.K. Sharma, Former Director of Extension Education at CSK Himachal Pradesh Krishi

Vishvavidyalaya shared his valuable insights on "Extension Strategies for Development of Agriculture in Himachal Pradesh". Dr. Gurudev Singh, Senior Scientist (Agronomy) at the same university shared his views on "Linseed: A Potential Medicinal Food,". Dr. Singh highlighted linseed's rich nutritional profile, particularly its Omega-3 fatty acids, and its potential benefits for managing diabetes and cholesterol. He underlined the importance of linseed as a superfood, which is particularly relevant to the region. Dr. P.C. Sharma, Dean of the Faculty of Agriculture, presided over the sessions and expressed gratitude to the speakers for their insightful contributions.

EXPERT LECTURE ON PHARMACOVIGILANCE

On dated 16.12. 2024, Abhilashi Ayurvedic College and Research Institute, Chailchowk, Mandi (H.P.) hosted an insightful lecture on Pharmacovigilance in Ayurveda and its role in monitoring Adverse Drug Reactions. The session was led by Dr. Vineeta Negi, a distinguished scientist from the Central Council for Research in Ayurvedic Sciences, Pandoh. Dr. Negi highlighted the crucial role of pharmacovigilance in ensuring the safety and efficacy of Ayurvedic medicines. She also introduced the Pharmacovigilance Program for Ayurveda, Siddha, and Unani Drugs, a Ministry of AYUSH initiative aimed at creating a structured system for ADR monitoring. In his address, Prof. H.K. Chaudhary stressed the importance of integrating pharmacovigilance into academic curricula, noting, "This knowledge equips students to tackle challenges in clinical practice while ensuring patient safety."

CAREER COUNSELING OF SCHOOL STUDENTS

Students of 9th, 10th, +1 & + 2 Classes of Govt. Senior Secondary School Baggi, District Mandi visited all the departments of Abhilashi University, Chailchowk, Mandi (H.P.). Career Counselling & Guidance sessions were conducted by Dr. Sampy Duggal, Director of placement, at Abhilashi University.



Students got an insight into the current scenario and future scope of various courses running at Abhilashi University, Chailchowk & Abhilashi Group of Institutions, Nerchowk, Mandi. They also visited various infrastructural facilities available at Abhilashi University such as the Central Instrumentation Facility, Incubation Centre, Central Library, Agricultural Farms, Central

Computer Lab, Practical Labs of each department, Auditorium, Hostel, etc.

NATIONAL SOCIAL SERVICE

एक कदम स्वच्छता की ओर

NSS unit of Abhilashi University proudly celebrates "Diwali with my Bharat" in collaboration with Nehru Yuva Kendra, Mandi. The event kicked off with an inspiring speech from the Dean of Student Welfare, Dr. Devender Sharma. NSS Coordinator, Mr. Hemant Kapoor shared insights on this year's theme, highlighting that this celebration is more than just festivities-it's a call to action. Together we are reminded of our responsibility to uplift our communities, support the less fortunate, and embrace our shared identity as proud Indians. Let's make this Diwali a celebration of unity and sustainability!

ABHILASHI UNIVERSITY ON THE PATH OF EXCELLENCE

Abhilashi University is thrilled to announce the launch of books by various writers viz Dr. Ankita Chaudhary, Dr. Navdeep Sharma (The Blossom of Solitude) Dr. Aakriti Guleria (Microscopic Marvels: A Journey into Microbiology). Books were officially inaugurated by Hon'ble Chancellor, Dr. R.K. Abhilashi. The event was graced by several distinguished guests, including Hon'ble Pro-Chancellor Dr. L.K. Abhilashi, Dr. Promila Abhilashi, Vice-Chairperson, Abhilashi Educational Society, Vice-Chancellor Prof. H.K. Chaudhary, Registrar, Dr. Kapil Kapoor. Books will take readers on an exciting journey from unknown to known. The dedication and hard work of the writers will continue to inspire us all. Writers expressed gratitude towards the entire management for their constant motivation and support for such academic endeavors.

WORLD AIDS DAY: एक कदम जागरूकता की ओर

On 2.12. 2024, Abhilashi University's Red Ribbon Club celebrated World AIDS Day with a meaningful event. Dr. Bandana, Nodal Officer of the Red Ribbon Club, welcomed all the dignitaries and introduced a series of activities to raise awareness about HIV/AIDS.

Dr. Prerna, Assistant Professor at the School of Ayurveda, delivered an informative lecture about the global HIV/AIDS pandemic, stressing the rising number of cases, particularly in India, and the importance of youth education in reducing transmission.

The Hon'ble Vice-Chancellor addressed the gathering, emphasizing the need to spread awareness about healthy living and educating youth. He also spoke about the Red Ribbon's symbolic role in AIDS awareness, recalling.

WORLD DISABILITY DAY CELEBRATED

The School of Physiotherapy marked World Disability Day on 3.12.2024 with the theme "Amplifying the leadership of persons with disabilities for an inclusive

and sustainable future", as highlighted by the World Health Organization (WHO).



Hon'ble Vice-Chancellor, Prof. H.K. Chaudhary inaugurated the event. In his keynote address, Prof. Chaudhary shared inspiring stories of strength and resilience, illustrating how people with disabilities are breaking barriers and leading change. Dr. Vivek Chauhan, Principal, of the School of Physiotherapy, further shed light on the theme, sharing valuable insights on fostering an inclusive society, and expressed his heartfelt gratitude to the entire management for their unwavering support.

WORLD SOIL DAY CELEBRATED

The School of Agriculture organized a lecture on 'Soil Health' which was delivered by Dr. Ravinder, Assistant Professor on 05.12.2024. He underlined the importance of maintaining the soil health by adopting good agricultural practices. On this occasion, the Dean of the faculty, Dr. P.C. Sharma also expressed his views for maintaining the soil health by use of non-chemical methods of pest management.

DR. CHAUHAN BAGGED BEST ACADEMICIAN AWARD

School of Physiotherapy, Abhilashi University, Mandi, had the privilege of participating in the 10th INCPT Conference held on December 14-15, 2024 at AIIMS, New Delhi, which revolved around the theme "Digital Dynamics in Physiotherapy: Harnessing Technology for Progress - A Leap Forward or a Step Backward."



Dr. Vivek Chauhan, Principal, of the School of Physiotherapy, was honored with the prestigious Best Academician Award. During the cultural event at the AIIMS auditorium students brought the laurels by showcasing their talent in the cultural event.