



ABHILASHI UNIVERSITY

(A University estd. under State Act & 'B+' ACCREDITED by NAAC)

Chailchowk, Tehsil Chachyot, Distt. Mandi (H.P.)

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Dated: 26/02/2026

NOTIFICATION

The Hon'ble Vice-Chancellor in exercising powers vested in him/her vide Section 13 of the Abhilashi University (Establishment & Regulation) Act, 2014, is pleased to constitute the **Student Mental Health & Well-Being Cell** with immediate effect to promote the mental health, emotional well-being, and overall welfare of students as under:

Sr. No.	Name & Designation	Role
1	Dr. Devender Sharma, Dean Students Welfare	Chairperson
2	Dr. Rahul, Associate Professor, Ayurveda	Member
3	Dr. Ritika, Assistant Prof. Agriculture	Member
4	Dr. Chetan, Medical Officer	Member
5	Ms. Neelam, Psychology	Member Secretary

Functions of the Cell

1. Promote awareness regarding mental health and emotional well-being.
2. Provide confidential counselling support and referral services.
3. Organize workshops, awareness campaigns, and stress management programmes.
4. Identify students requiring support and facilitate timely intervention.
5. Ensure confidentiality and privacy of all counselling records and interactions.
6. Recommend measures to strengthen a safe, inclusive, and supportive campus environment.
7. Submit periodic reports and recommendations to the University authorities.


Registrar 26/2

Copy to:

1. All the above officials.
2. All Deans/Directors/Heads of Schools & Departments.
3. Dean Students Welfare.
4. University Counsellor.
5. Controller of Examinations.
6. Finance Officer.
7. University Website – for uploading.
8. Record.